
**Introduced by Senator Beall
(Coauthor: Senator Anderson)**

July 1, 2013

Senate Concurrent Resolution No. 58—Relative to Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day.

LEGISLATIVE COUNSEL'S DIGEST

SCR 58, as introduced, Beall. Restless Legs Syndrome/Willis-Ekbom. This measure would proclaim September 23, 2013, as Restless Legs Syndrome/Willis-Ekbom Disease Awareness Day in California.

Fiscal committee: no.

1 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is
2 a neurological disorder characterized by unpleasant sensations in
3 the legs and a distressing, irresistible urge to move them; and
4 WHEREAS, An estimated 10 million adults in the United States,
5 totaling 3 percent of our country, and millions of others worldwide
6 have been affected by Restless Legs Syndrome/Willis-Ekbom
7 disease, a disease for which there is no known cure; and
8 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease is
9 difficult to diagnose; and
10 WHEREAS, Symptoms typically include an urge to move the
11 legs, caused by uncomfortable and unpleasant sensations in the
12 legs, presenting or worsening in the evening or night, and
13 additionally, daytime symptoms of Restless Legs
14 Syndrome/Willis-Ekbom disease have been established; and
15 WHEREAS, Restless Legs Syndrome/Willis-Ekbom disease
16 has an impact on sleep, concentration, and work productivity; with
17 68.6 percent of patients needing more than 30 minutes, generally

1 regarded as pathologic, to initiate sleep and 60.1 percent waking
2 three or more times per night; with 49.7 percent of patients
3 reporting that symptoms adversely affect next day concentration;
4 and with patients with moderate to severe Restless Legs
5 Syndrome/Willis-Ekbom disease having an overall mean loss of
6 workplace productivity of one day per 40-hour workweek; and

7 WHEREAS, Increased awareness and expanded knowledge of
8 the realities of life with Restless Legs Syndrome/Willis-Ekbom
9 will allow the community at large to better support people who
10 struggle with the challenges of this condition; and

11 WHEREAS, The Restless Legs Syndrome Foundation, a
12 nonprofit organization, and other groups around our country have
13 joined together to promote Restless Legs Syndrome/Willis-Ekbom
14 disease awareness and support, including improved education,
15 diagnosis, research, and treatment; and

16 WHEREAS, The Restless Legs Syndrome Foundation is urging
17 patients, their supporters, health care providers, and the general
18 public to demonstrate their caring by sharing the road on which
19 patients walk, the facts about Restless Legs
20 Syndrome/Willis-Ekbom disease, and the growing awareness of
21 the etiology of this disorder and treatments; and

22 WHEREAS, The community's focus on Restless Legs
23 Syndrome/Willis-Ekbom disease and its impact on patients' lives
24 will help give hope for a brighter future for people with Restless
25 Legs Syndrome/Willis-Ekbom; now, therefore, be it

26 *Resolved by the Senate of the State of California, the Assembly*
27 *thereof concurring*, That the California Legislature hereby
28 recognizes the needs of these chronically ill people and proclaims
29 September 23, 2013 as Restless Legs Syndrome/Willis-Ekbom
30 Disease Awareness Day and urges all our citizens to support the
31 search for a cure and to assist those individuals and families who
32 deal with this condition on a daily basis; and be it further

33 *Resolved*, That the Secretary of the Senate transmit copies of
34 this resolution to the author for appropriate distribution.